Daily Values and rounding rules

Nutrient	Daily Value	Rounding
Calories	—	<5→0; ≤50 nearest 5; >50 nearest 10
Total fat	78 g	<0.5→0; <5 nearest 0.5; ≥5 nearest 1
Saturated fat	20 g	as total fat
Cholesterol	300 mg	<2→0; 2–5 “<5 mg”; >5 nearest 5
Sodium	2,300 mg	<5→0; 5–140 nearest 5; >140 nearest 10
Total carbohydrate	275 g	<0.5→0; <1 “<1 g”; ≥1 nearest 1
Dietary fibre	28 g	as carbohydrate
Added sugars	50 g	as carbohydrate
Vitamin D	20 mcg	—
Calcium	1,300 mg	—
Iron	18 mg	—
Potassium	4,700 mg	—

Check current FDA regulations for full rules.

Notes

Bbsfb.com · Personal and small-business use; please do not resell or share the files.